

NL Certification Path Requirements

P=Professional EP=Equine Professional	R=Relationship			
	NLC-P	NLC-P,EP	NLC-EP	NLC-R
	<i>Qualified professional* who helps people with the help of horses</i>	<i>Qualified professional* who is also an EP</i>	<i>Equine professional doing equine-assisted work</i>	<i>People who work with people without the help of horses. This path may be customized.</i>
Fundamentals of NL Training	Yes	Yes	Yes	Yes
NL Intensive Training	Yes	Yes	Yes	Yes
Consultations (TOTAL combined) <i>See breakdown below:</i>	18	21	18	18
<i>Individual</i>	8	<i>4 with clinician/professional 4 with EP</i>	8	8
<i>Group</i>	10	10	10	10
<i>Consult w/Clinical Team</i>		3		
Clinical or Practical Hours	60	60	60	60
Video: Demonstrating the “dance” of attachment and detachment	Yes	Yes	Yes	
Video: Client session	Yes	Yes		
Video: Rhythmic Riding		Yes	Yes	
Case Study or Project				Yes
MAINTAINING ACTIVE CERTIFICATION STATUS				
NL Membership**	Active	Active	Active	Active
Continuing Education Hours***	10 / year	10 / year	10 / year	10 / year
ADVANCED CERTIFICATION				
PRE-Requisites	Complete Basic Certification	Complete Basic Certification	Complete Basic Certification	Complete Basic Certification
Rhythmic Riding Immersion	Yes	Yes	Yes	Yes
Relationship Logic Immersion	Yes	Yes	Yes	Yes
Be willing to mentor a Basic Certification student	Yes	Yes	Yes	Yes
SPECIALIZATION				
PRE-Requisites	Complete Basic Certification	Complete Basic Certification	Complete Basic Certification	Complete Basic Certification
Attend Specialty Training	Yes (your choice)	Yes (your choice)	Yes (your choice)	Yes (your choice)
Consultations toward Integrating Specialty	5	5	5	5
Final Integration Project	Yes	Yes	Yes	Yes

**Qualified professional refers to somebody with training and proper licensure to practice a helping profession such as counseling or coaching. We do not provide the training or the licensure for the profession itself. Somebody with proper credentials who already practices as a helping professional may become certified with us to apply NL to that practice.*

NL Certification Path Requirements

The Fundamentals of NL is prerequisite to all other trainings. The NL Intensive is prerequisite to either immersion training.

Assignment General Instructions

VIDEOS assignments will be discussed in your consultations. Please start your video assignments early in the certification process when you start getting consultations. This will give you ample time for do-overs and follow up discussions as part of consultations. If you postpone doing video assignments until you've completed most of your consultations, you may need to book additional consultations to discuss them. It will save you time and money if you start them sooner rather than later. You do not need fancy equipment. You can buy a clip to attach to a round pen and use your smart phone to record videos. You will need to store your video file in a cloud drive such as dropbox or google drive or vimeo/youtube and then share the link with us so we may view it. When you are ready to share the link, open up the appropriate lesson in the certification course in your dashboard and paste your link in the form provided. If you have questions regarding your video assignments, please feel free to ask for clarifications during a consultation.

Guidelines for Specific Videos & Projects

The dance of attachment and detachment with connection – you must make a request of the horse for attachment and for detachment with connection. Demonstrate making and responding to these requests while being mindful of the connection, which is always the goal. The video should be long enough to show you working through this process with the horse. It is not enough to show the horse following you or moving away from you. We want to see how you make the requests, respond to the horse, and stay connected through this dance, regaining connection if it is lost. For detachment, we'd like to see you ask the horse for two kinds of detachment with connection: 1) where you ask the horse to move away from you while staying calm and connected, and 2) where you ask the horse to stay still and connected while you move around him or her.

Client Session – you must obtain client permission and a release signed by the client and/or parent/guardian. The video should be a portion of session where we can observe your client working with the horse and you interacting with the client.

Rhythmic Riding – This video will show that you have an understanding of consent and connection with your horse no matter the task, both on the ground and mounted. Please demonstrate haltering, saddling, mounting, and riding with consent and connection. Attachment and detachment will likely be a part of the process as you work to connect and ask for consent. Either a bareback pad or saddle are fine. Once mounted, please demonstrate 3-5 minutes of relaxed requests- like walking, stopping, and turning. Consent and connection are the goals.

Case Studies describing how you incorporate NL into your (non-equine assisted) work are required of those seeking NLR certifications. These are highly individual and unique to your particular certification path. As such, you will discuss and outline the specifics of this assignment when you begin consultations.

Mentorship – As part of your advanced certification, we ask that you be willing to mentor somebody on his or her basic certification path. This is voluntary for both parties but we believe it would be an extremely valuable experience for you and for them.

Final Projects (Specialization Certification) are meant to contribute something to the field and to others using NL. This may be an instructional case study, or a program, or curricula, or something else that you have learned or developed along the way that could help others within your particular specialization. We will ask to make your final project available to our members on our website. Plan to schedule at least 3 out of the 5 required consultation calls to discuss and check in about final projects.

**** NL Membership** must remain active for certification to remain active. It is required during certification and thereafter. You may choose your preferred membership level and billing cycle and are welcome to switch levels and cycles as often as you wish.

***** Continuing Education hours (10 per year) are required to remain certified.** At least 4 of the 10 hours each year will be with learning with NL (either online or in person). Up to six of the 10 hours can be learning you do elsewhere. We just ask you to document what you did each year for continuing education when it is time for your

NL Certification Path Requirements

annual renewal. You will note this information in your annual certification renewal course. You are encouraged to receive continuing education in modalities and methods that will allow you to better practice NL. Many modalities are very complementary.